Chinese Astrology Alternative Horoscopes

The Chinese Year of the Goat comes gambolling in halfway through February. Astrologer Zakariya Adeel tells us what to expect from this playful creature

he new year in the Chinese calendar begins on 19 February. when the humanitarian Horse passes the baton to the gifted Goat (also known as the Ram or Sheep). This serene and sophisticated being will slow down the pace of life that the Horse brought, but don't think for a moment that this dropping down a gear or two spells boredom. No, the Goat tends to be high on life, so he's having the best time ever - he'll make all of us more talented and playful, and put us in touch with our intuitive and spiritual side.

As the sign most in touch with the subconscious mind, the Goat has earned a reputation for being highly creative, and is an expert at turning thoughts and dreams into wonderful reality. This peacemaker of the zodiac brings greater understanding and harmony to situations. and reminds us of the importance of integrity.

Karma is especially powerful this year, and we're reminded to be mindful of the motives that lie behind our thoughts and actions. On a personal level, the Goat boosts our emotional intelligence by pushing us to be more compassionate and open not just with others, but also with ourselves. Now you can put hang-ups to bed and open yourself up to the life you really want. Be prepared to meet a life partner, make a long-term commitment, buy your fantasy home... maybe all three! This year, everyone should end up precisely where they need to be.

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The Rat

As you enter the realm of the Goat. you'll feel less defensive, and now vou're ready to open yourself up to positive and healing influences in your life. Being naturally decisive, active and strong, you'll have no trouble forging your way through obstacles to make amazing headway in the world of work.

Personal responsibilities could slow your progress towards the middle of 2015, but success will be yours if you accept situations as they are. Don't try to force an outcome – sometimes you have to live through tough times to get to the lessons that will raise you to the next level. See this as a year

of healing negative feelings, and encourage this process by being open and truthful with yourself. More excitingly, love could be on the way. If you've been calling someone to you, now you can relax and anticipate the happiness that will soon be yours.

The Tiger

For the past year, you've revelled in the Horse's dynamic pace, and it suits you perfectly as you race through life. Professional and personal goals should have been progressing very nicely indeed, but as the energy shifts to that of the Goat, you may begin to feel a little disorientated.

The Goat doesn't like schedules or plans, so you may need to slacken up on yours a little. From May to September, a complex situation could call on you to summon every ounce of the inner strength that lies beneath your attractive, captivating personality. The more you know about



yourself, the better – you'll need to rely on your personal wisdom. The lessons you learn at this time will make the final part of 2015 a lasting success for you. Just remember, you don't need to be the centre of attention all the time to be popular or productive.

The Dragon

If you thought the unbridled Year of the Horse was hard to deal with. wait until you experience the total lack of structure the Goat brings. The only way to get this mess organised would be to rebuild the world from scratch – not that it's beyond you, but it's a better use of your time to just go with the flow. Actually, there is one side of you

that flourishes under the sign of the Goat, as your focus is turned away from your business side and towards spiritual knowledge. You could find yourself in a leadership role, even in social situations, but you don't have to prove to the world just how wonderful you



are. Instead, pick a new skill you want to master and give it your full attention, and you'll feel a great sense of satisfaction. Your tolerance levels might be low, but if you concentrate on the people who care about you, you'll coast through this year having an absolute party.



The Ox

The energy shift from the Year of the Horse to that of the Goat is a huge one for you. You might even feel like the rug has been pulled from beneath you for a while, but this is a temporary feeling and the storm will soon pass. You have an abundance of natural confidence. allowing you to stay as strong as your namesake. the Ox

Emotionally, you could be feeling a sense of liberation. because this is the year when you can allow yourself to be vulnerable. That's not something that comes naturally to you, but nobody will judge you for it. Your abilities will increase



exponentially, and you'll plumb vour personal well of creative energy to do amazing things. You work hard, but make sure you find time to play, have fun and let your inner child run wild for a bit. You don't have to be strong all the time in 2015 – just be who you are.

The Rabbit

If you let go of as much baggage as you can before you enter the creative and imaginative Year of the Goat, you'll find much to your liking. Goats and Rabbits have similar skills and values, and now you're encouraged to notice all the things that are going right for you and release old wounds so you can move on. Being blessed with a high level of emotional intelligence, you'll find this easier to do than other signs.

You'll be in your element later in 2015, as success, money and acclaim seem to come to vou out of nowhere. Still, you know how much effort goes into becoming



an overnight phenomenon. The support you get this year means you can achieve even more than you expected, so aim high. You might be troubled by unhelpful old habits or negative thinking, but if these feelings rise to the surface, just stop, listen and let them pass.

The Snake

You might be feeling fragile, thanks to the complicated emotions you've been struggling with, and it will feel like the Goat is rubbing a little salt in for good measure. But what he's really giving you is tough love.

Your sign is a master of strategy, and you always know what action you need to take in your life. But recently you've been running and hiding, and hoping the world will be different when you open your eyes. It won't, unless you do something about it. That's where vour Goat therapist comes in.

You have a lot in common with this sign, so it should be easy for

you to slither along in good



humour. Everything that happens, good or bad, is slowly moving you towards the liberation you've been searching for. It won't be easy, but it will be exciting and exceptionally rewarding. Following the more challenging path is what you need to revolutionise your life. >>

Astro extra

[」]The Horse

You've already dealt with a lot to get to the place of strength you are currently in. Now you feel a certain confidence, clarity and calm. You've earned this position, so you can relax and enjoy it.

Relaxing doesn't come easy to the Horse, as you're always on the go, brimming with energy and chasing the next dream. Well, the next dream is here. A whole new life opens up to you, bringing new people, new opportunities and brand new frisky energy that you embrace. Your every action should be well meant, so don't be tempted to manipulate situations – it will only cause you grief. Stay out



of it and focus on making your personal life better than ever. There are many interesting

prospects later in the year, and the chance to start your own business or develop the one you have. Even if you feel daunted, say yes to the opportunities that come along.

The Monkey

Winning is very important to you, and the good news is there are going to be plenty of wins for you this year. All your time, energy and focus will be ploughed into racking up your achievements and success in 2015.

But when you're doing well, other people have a tendency to scrutinise or criticise you, and you need to avoid the temptation to over-scrutinise yourself. Yes, even a natural show-off like you can be self-critical. You also need to be true to your own desires, rather than worrying about what other people think you should be seeking.

You will have the opportunity



to transform yourself in the middle of the year. There could be some things in your life you no longer need, but you hold on to them because they're familiar. Now you can finally discard them. Be guided by your intuition, as well as a hearty dose of common sense.

The Dog

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You're the only sign that's just as imaginative as the Goat, so this is going to be a very fun and interesting time for you, you talented, creative hound. Early in this new year, all the effort you've been putting in recently will be rewarded, and if there are any material gains you've had your eye on, those good things should soon be coming your way.

In the middle of 2015, you could come up against some difficult changes. Your first instinct might be to fight them, but try to adapt to them instead. By doing so, you'll realise what your goals are for the rest of the year and be better



prepared to focus on them.

Overall, the Goat will give an amazing boost to your creativity and career, and the more thankful you are, the more you'll have to be thankful for. You're a sign of integrity and fairness, so a sense of gratitude should come naturally.

The Goat

As the energy of the Year of the Goat takes hold, you may be imbued with an overwhelming sense of control and prestige. Lead by example and don't let the power go to your head. Yes, many roads are open to you, but it's still down to you how you will manage your journey. Collect all of your energy and choose one direction to head in. You have so much spiritual momentum on your side that it would be a waste not to attempt something huge with it.

Money is easy to make and save now, engaging friends are plentiful, and love is everywhere. Your warm, caring side draws romance to



you like a moth to a flame. Display your gifts where they can easily be seen, and you'll be appreciated in a million different ways. Listen to your intuition and look out for universal signs that you are on the right path. Love, prosperity and joy are your right, so claim them!

The Rooster

As the new year begins, you'll soon notice that the effusive spirit of the Horse has been replaced by a more open, non-judgemental energy. This means that you can lighten up and be yourself again.

The early part of the year is very good for business and employment prospects, and someone with your high standards will be sure to seize any opportunities that come your way. Just remember to check the small print, take off your rose-tinted glasses and see beyond the hype. You might also need to reorganise your true priorities.

Many things in your life will go your way during the Goat's



reign, and you might be tempted to feel a little smug at your lot. Try to avoid getting cocky or arrogant, and remember to think about other people as well as yourself. Even more good fortune will come your way if you keep them in your head and your heart.

The Pig

Running away hasn't worked for you before and it won't work now, because wherever you go, you'll take yourself with you. There are some hurts you just have to learn to live with, unfortunately.

Nevertheless, you often mask your feelings with a happy-golucky approach, which makes you a joy to be around. And the more you focus on what is comforting and joyful in your life, the less these past pains and hurts will get to you. Accentuate the positive.

On an exciting note, friendships could evolve into something more in mid-2015, so brace yourself for romance. The Year of the Goat



is encouraging you to reassess the way you see the world, and as it comes to a close, you'll want to hole up and rethink your direction in life. Give yourself plenty of time and space, otherwise you risk making a decision too quickly. Do what you feel is right.